

BUILDING BOUNDARIES™

Abuse prevention training for grades K-5

Teaching children self-protection skills is essential to any abuse prevention program. However, current research demonstrates that programs about dangerous strangers and good/bad touch are ineffective and outdated. Building Boundaries™ is different. Based on the most recent knowledge of child development and learning theory, Building Boundaries™ teaches children in grades K-5 boundary skills they can understand and use.

Each grade level learns three key lessons and participates in related hands-on activities:

Kindergarten

Focus on: *Rules about the Body*

Grade 1

Focus on: *Feelings* (includes bullying)

Grade 2

Focus on: *Intuition*

Grade 3

Focus on: *Secrets*

Grade 4

Focus on: *Friendships* (includes peer abuse)

Grade 5

Focus on: *Privacy* (includes Internet safety)

Building Boundaries™ incorporates age-appropriate information in lesson plans that are easy for teachers, child care workers and parents to present.



Building Boundaries™ includes supplemental information for parents such as age-specific safety tips and recommendations for the best books to read with children.

The complete Building Boundaries™ program can be purchased for just \$995. Individual grade levels may be purchased for \$295. For more information or to order kits, call 817.801.7773.

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